

# **Sunnyvale School District Elementary Menu**

January 2019

CHOOSE TO EAT WELL

We feature an inviting variety of fresh garden salad greens, vegetables, and fruits. Locally-grown items are offered whenever seasonally-available. rBST hormone free low-fat or fat-free milk is included with all meals. A meal includes an entrée, fruit and vegetable selection and milk. All bread products are whole grain and all featured menu items contain zero trans fat.

NEED A JOB? Please apply to become a SUB for our FOOD SERVICE DEPARTMENT! Flexible Hours....

www.edjoin.org

#### **Monday 1-7**

Mac & Cheese \*36 Dinner Roll \*16

Rib-B-Que \*40

Chicken Casserole \*31 Dinner Roll \*16

**Breakfast for Lunch** Waffles, Sausage,\*31 Tater tots\*15

#### Monday 1-14

Mac & Cheese \*36 Dinner Roll \*16

Rib-B-Que \*40

Chicken Patty Sandwich \*39 Wedge Fries \*16

Teriyaki Beef Dippers\*36 Brown Rice \*25

I Have A Dream

Martin Luther King, Jr. Day

Monday 1-28

# **Tuesday 1-15**

Meatloaf w/ Gravy Mashed Potatoes Dinner Roll\*16

Reduce Breakfast .30 Reduce Lunch .40

Paid Breakfast 2.25

Paid Lunch 3.50 carb amount

Fun Friday (Chocolate Milk)

Tuesday 1-8

Popcorn Orange Chicken \*30 With Brown Rice \*25

100% Mozzarella Cheese\*34

Pepperoni \*34

. Pizza

100% Beef Cheeseburger\*33

Garden Burger \*2

French Fries

Italian pasta bake

100% Mozzarella Cheese\*34 Pepperoni \*34

**Peanut Butter** Sun Butter Sandwich With String Cheese \*47

Chicken Casserole \*31 Dinner Roll \*16

## Monday 1-21

Popcorn Orange Chicken \*30 With Brown Rice \*25

100% Mozzarella Cheese\*34 Or Pepperoni \*34

Pizza 100% Beef Cheeseburger\*33

> Italian pasta bake Breadstick

# **Tuesday 1-22**

Garden Burger \*23 French Fries \*15

Meatloaf w/ Gravy Mashed Potatoes Dinner Roll\*16

100% Mozzarella Cheese\*34 Or

> Pepperoni \*34 Pizza

**Peanut Butter** Sun Butter Sandwich With String Cheese \*47

#### Wednesday 1-9

Chicken Sticks \*16 **Tater Tots** 

Chicken Quesadilla

Italian Dunkers \*31 Marinara Sauce

Turkey & Cheese \*30 Sandwich

#### Thursday 1-10

Chicken Nuggets \*23 Dinner Roll \*16 100% Mozzarella Cheese\*34

> Or Pepperoni \*34 Pizza

Grilled Cheese \*26

Spaghetti & Meatballs \*51 Breadstick \*16

Nachos with refried beans and cheese \*49

Fruit Yogurt Parfait \*40

Turkey Hot Dog \*30 Seasoned French Fries \*15

Deli Ham & Cheese \*30 Sandwich

#### Wednesday 1-16

Chicken Nuggets \*23 Dinner roll \*16

Popcorn Chicken Bowl Mashed potato/gravy/ corn/ shredded Cheese Dinner Roll \*16

> Fish sticks\*18 Tater tots \*16

**Protein Pack** 

Wednesday 1-23

Chicken Sticks \*16

**Tater Tots** 

Chicken Quesadilla

Italian Dunkers \*31

Marinara Sauce

Turkey & Cheese \*30

Sandwich

### **Thursday 1-17**

Italian Dunkers \*31 **Marinara Sauce** 

100% Mozzarella Cheese\*34 Or

Pepperoni \*34 Pizza

**Beef Tacos** 

100% Beef Cheeseburger\*33 Garden Burger \*23 **Tater Tots** 

#### **Fun Friday**

Corn Dog \*30 Tater Tots \*16

Cheese Quesadilla

Chicken Sticks \*16 **Tater Tots** 

Turkey & Cheese \*30 Sandwich

# Thursday 1-24

Chicken Nuggets \*23 Dinner Roll \*16

100% Mozzarella Cheese\*34

Or Pepperoni \*34 Pizza

Grilled Cheese \*26

Spaghetti & Meatballs \*51 Breadstick \*16

#### Fun Friday

Nachos with refried beans and cheese \*49

Fruit Yogurt Parfait \*40

Turkey Hot Dog \*30 Seasoned French Fries \*15

Deli Ham & Cheese \*30 Sandwich

#### **Tuesday 1-29**

Chicken Casserole \*31 Dinner Roll \*16

# Wednesday 1-30

Chicken Nuggets \*23 Dinner roll

Popcorn Chicken Bowl Mashed potato/gravy/ corn/ shredded Cheese **Dinner Roll** 

> Fish sticks\*18 Tater tots \*16

**Protein Pack** 

#### Thursday 1-31

Italian Dunkers \*31 Marinara Sauce

100% Mozzarella Cheese\*34 Or

Pepperoni \*34 Pizza

**Beef Taco** 

Corn Dog \*30 Tater Tots \*16

